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October 1 – 5, 2008 Presence & Compassion: Contemplative End-of-Life Care

Sensei Fleet Maull, Jonna Goulding, MD, Cynda Rushton, RN, PhD, Jean Wilkins, MA

This four-day intensive gives clinicians and caregivers new and powerful tools for deepening their capacity for skillful presence and compassion with patients, families, coworkers, and themselves. Taught by a skilled team – a palliative care physician, pediatric nurse ethicist, and contemplative – participants learn to sustain themselves and their work with an open heart, while rediscovering their original inspiration as end-of-life care providers. The training includes an exploration of core reflective practices related to care of the dying, key issues in providing care in the home and in the medical institutions, and ethical considerations in how we give care in institutions that are challenging. Appropriate for healthcare providers, family caregivers, and those wishing to explore issues related to caring for dying people and their families.

Cost: \$500/members; \$550/non-members. Lodging extra. Dana to Teachers. To register e-mail Registar@upaya.org or call 505-986-8518 X 12.